

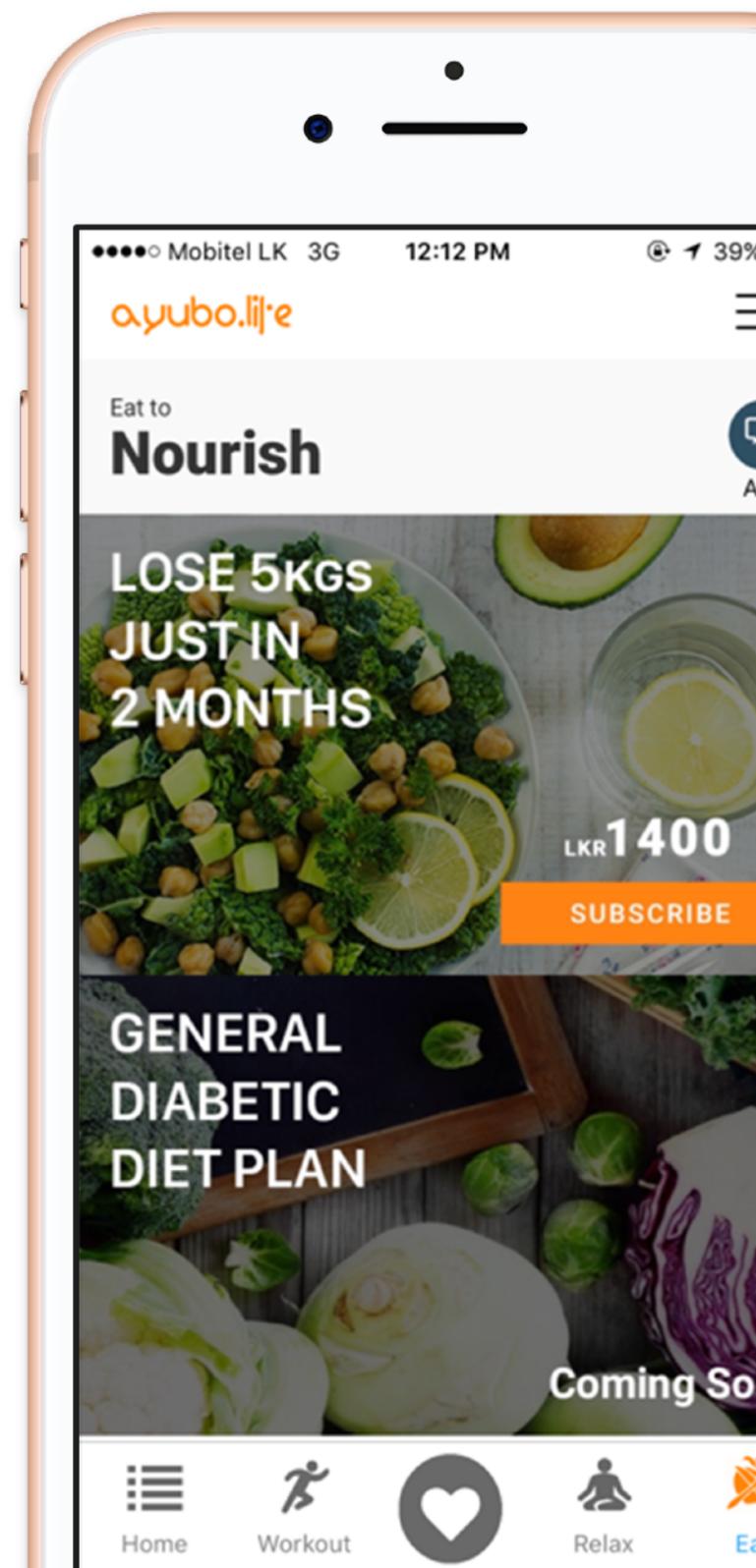


ayubo.life

LIVE HAPPY :)

Quick Start Guide

ayubo.life mobile application



Download the ayubo.life mobile application

Visit apps.ayubo.life/download and press one of the icons below
(Google Play for Android devices or App Store for Apple iOS devices)



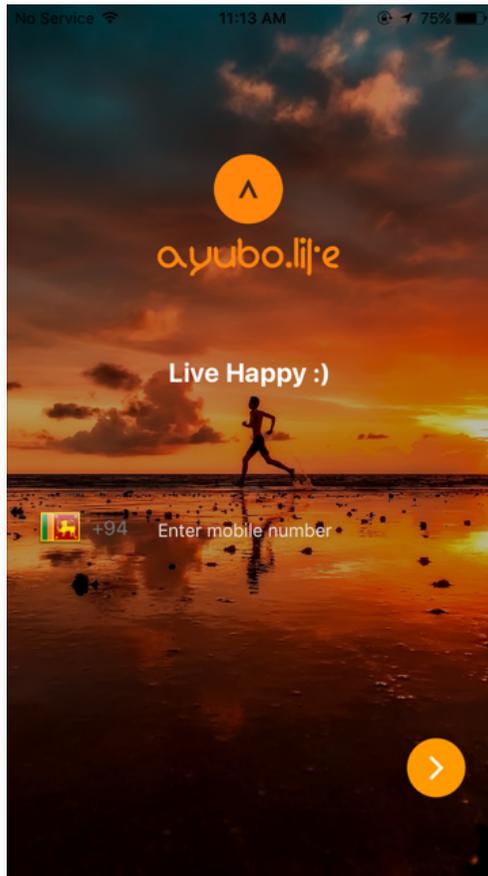
Open the **Google Play Store** (Android devices) or **App Store** (Apple iOS devices) on your smartphone & search "ayubo.life" or "ayubo life"



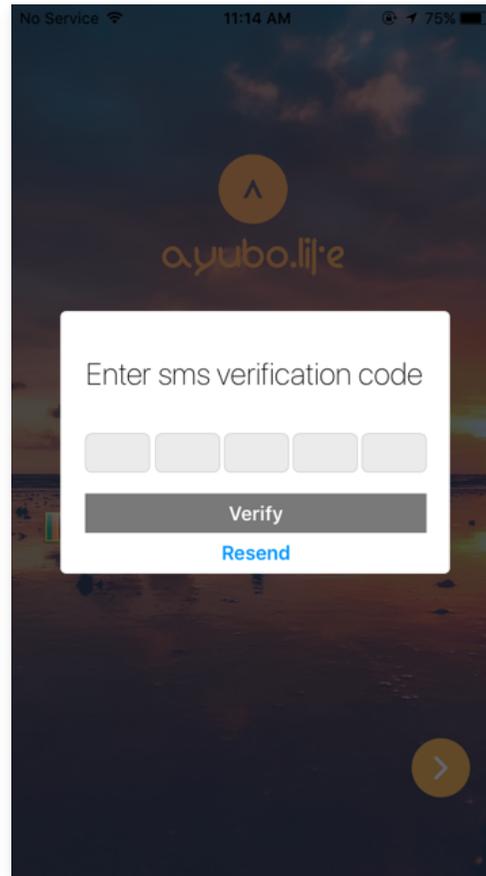
Press the **Download/Get** button to download the **ayubo.life mobile application** to your smartphone



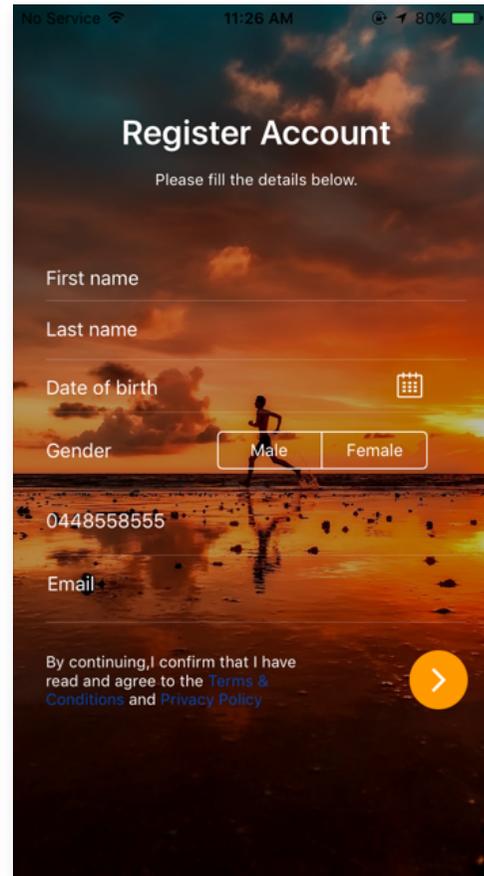
Initial login & registration



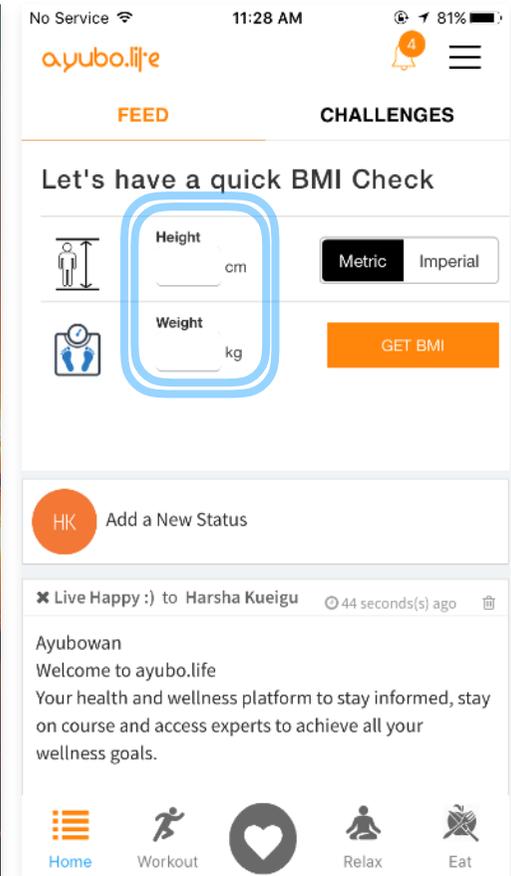
Enter your Mobile Number



Enter the code you receive via SMS

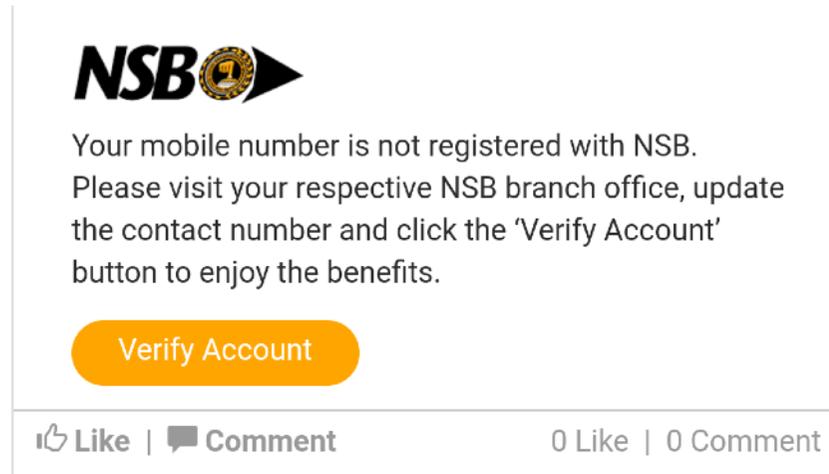
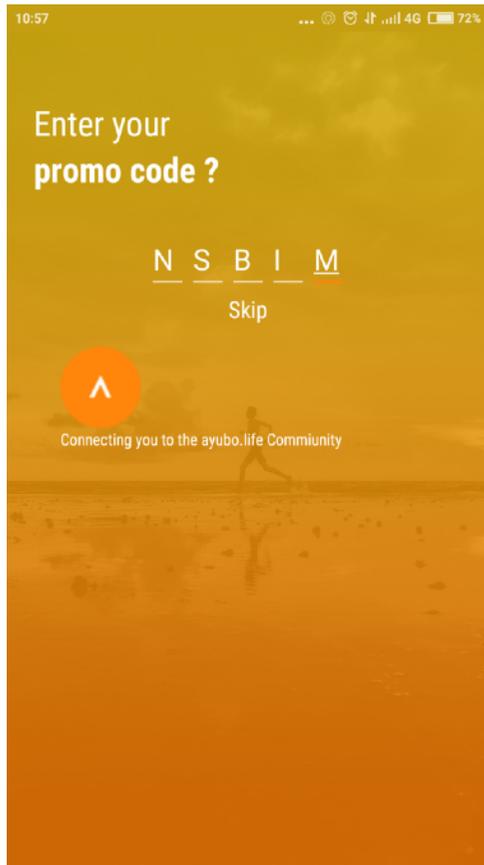


Enter the required information



Remember to enter your current height and weight

Joining a community (NSB I'm community)

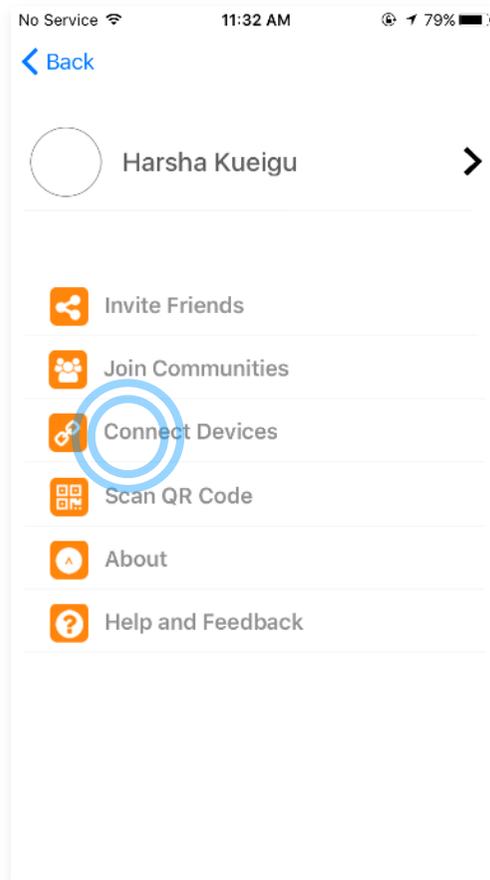


Enter the **NSBIM** promo code during the initial login & registration

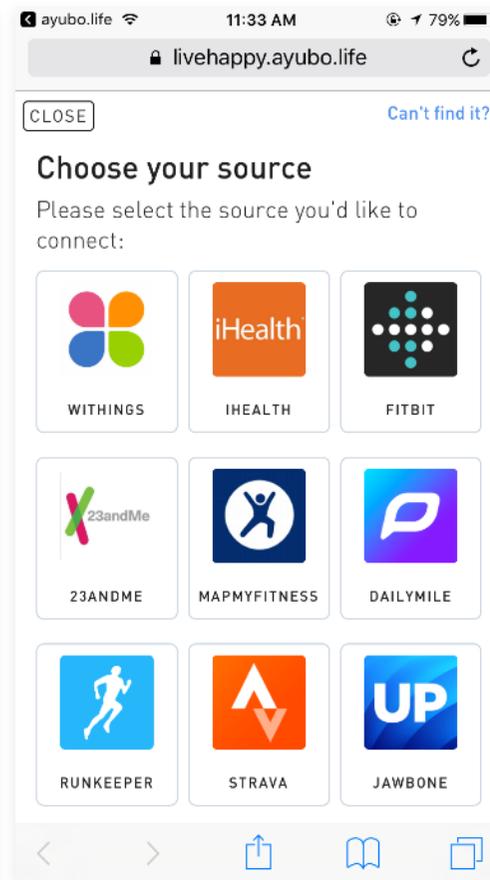
If the phone number you used for registration is not associated with an NSB I'm account this message will appear on your timeline.

Update your contact number with your nearest NSB branch and press "Verify Account" to complete the process and join the NSB I'm community.

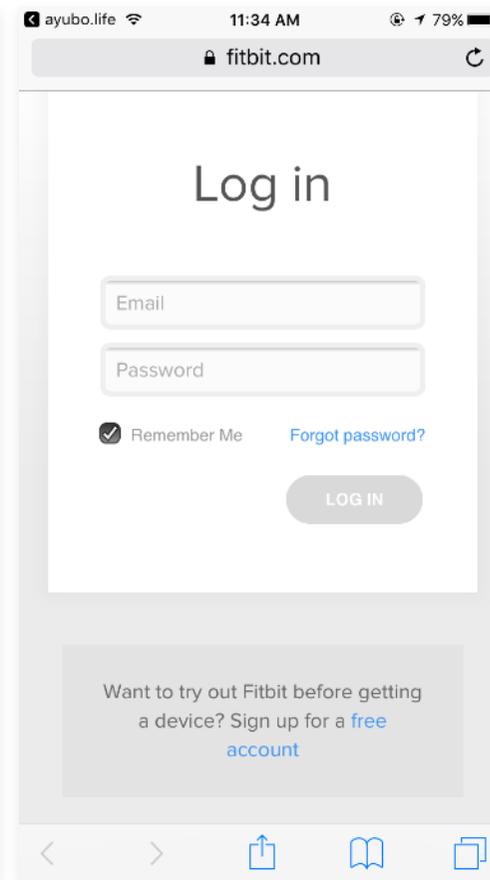
Connecting your wearable



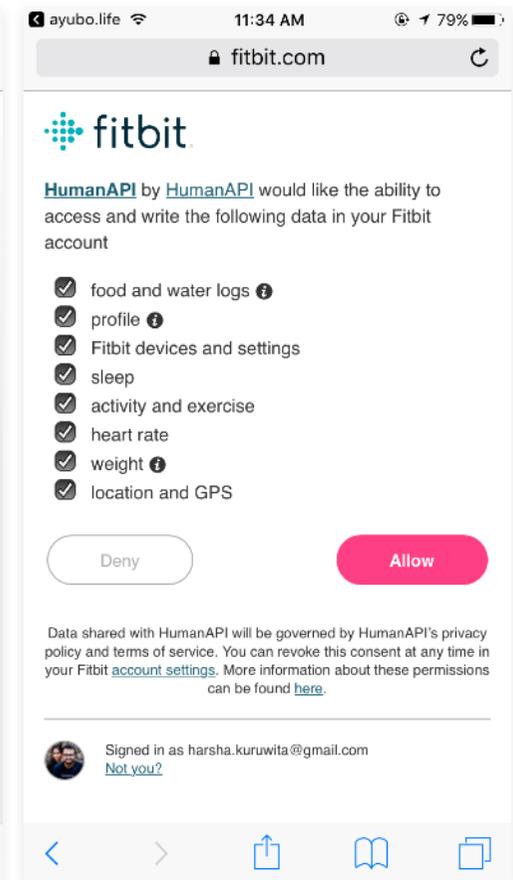
Select Connect Devices from the Main Menu



Choose your Wearable or Medial Device

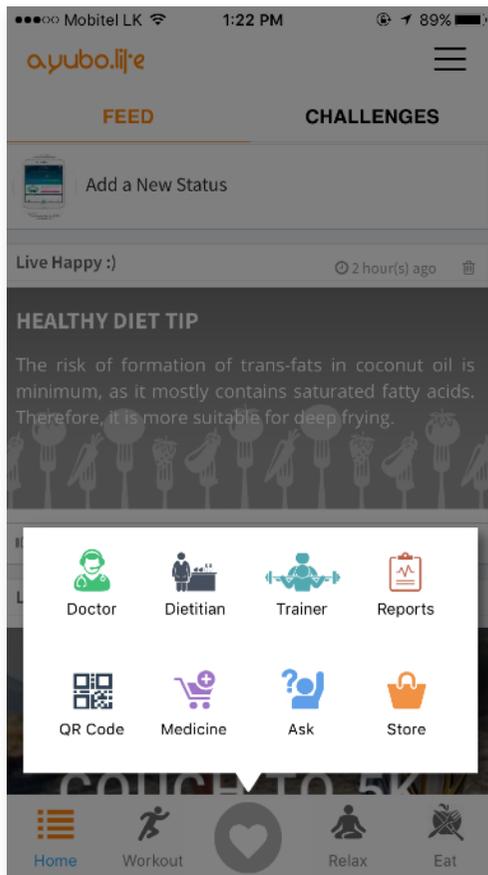


Login to your Wearable device account



Allow access to your Wearable's data

The home screen



Access all the apps's features and functionality via the home screen

Tracking workouts



Start Workout

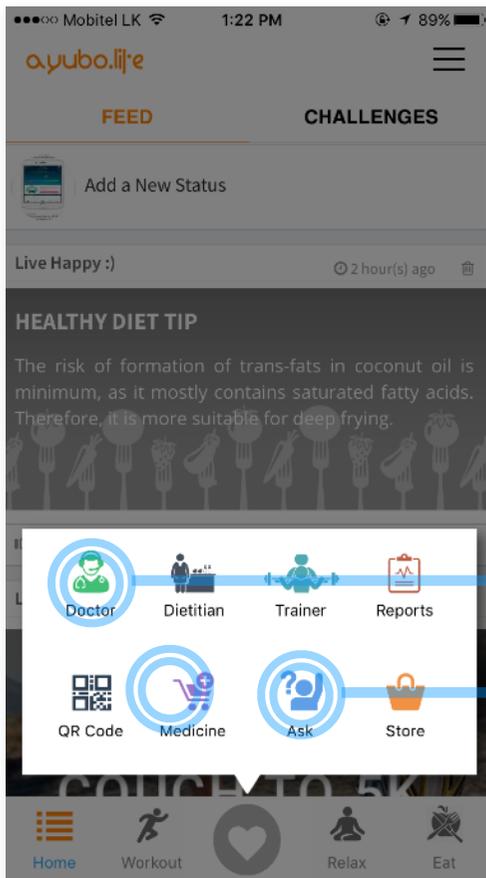


A promotional banner for the 'Fitness on the go' app. The text reads: 'Fitness on the go', 'A conveniently structured programme for individuals on the move', 'By Lee & Gaiya', and 'LKR 1,000'. A 'GET' button is visible at the bottom right of the banner.

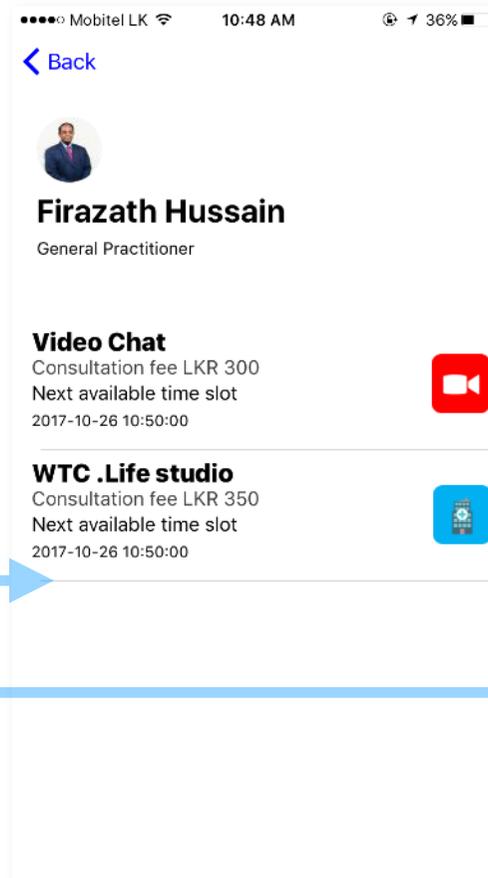


Track your workouts directly within the app

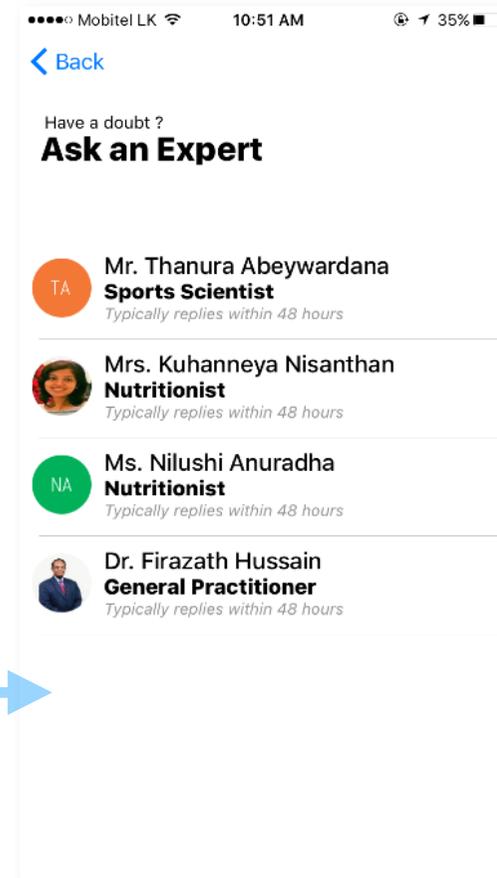
Consulting doctors & wellness experts



Consult a doctor or talk to an expert via the life menu

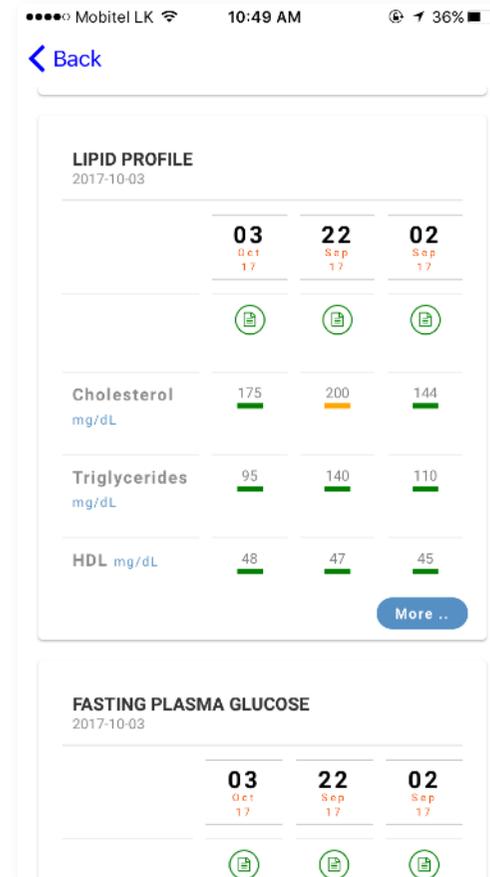
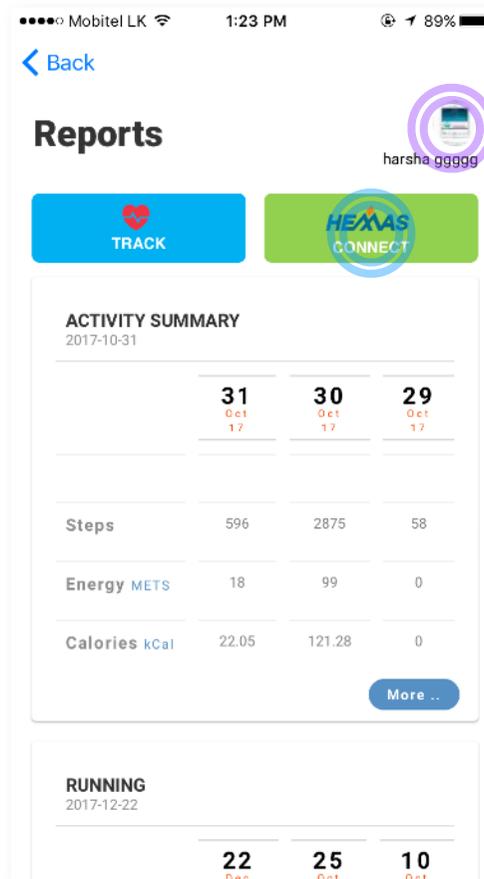
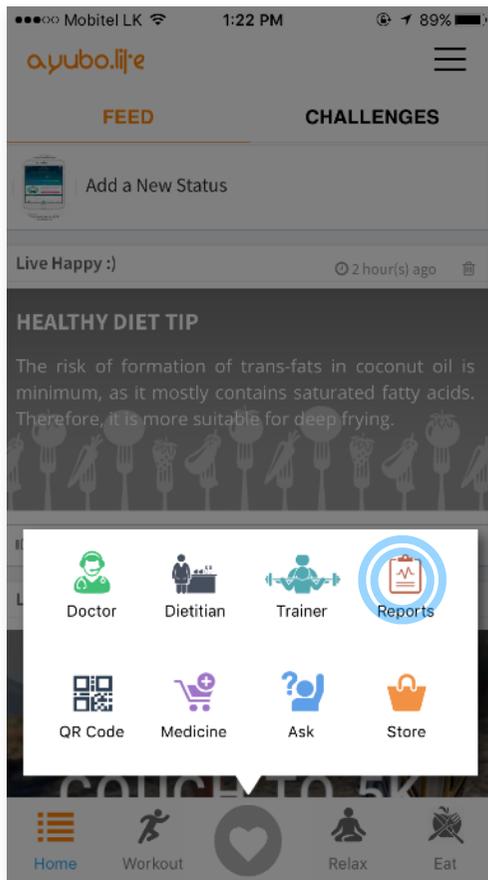


Appointment Booking
Video and Physical visits



Q&A Chat with an Expert

Viewing and managing medical/lab reports

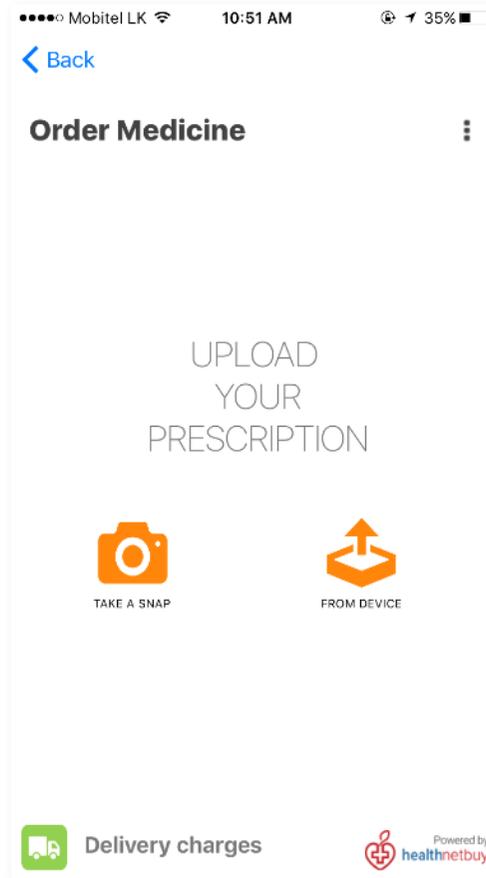
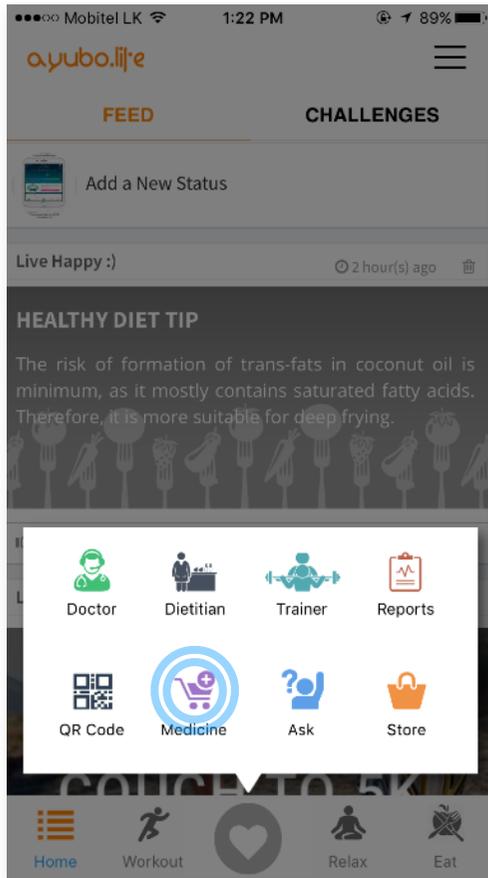


Download lab reports from connected Hospitals



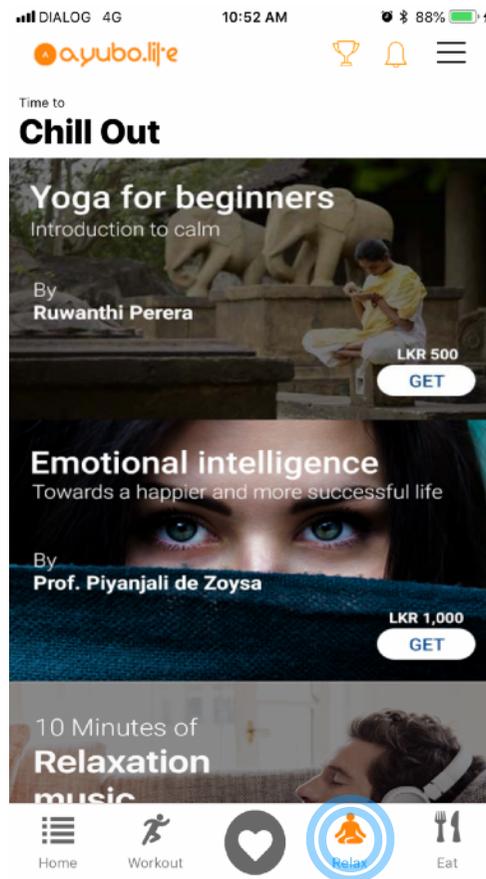
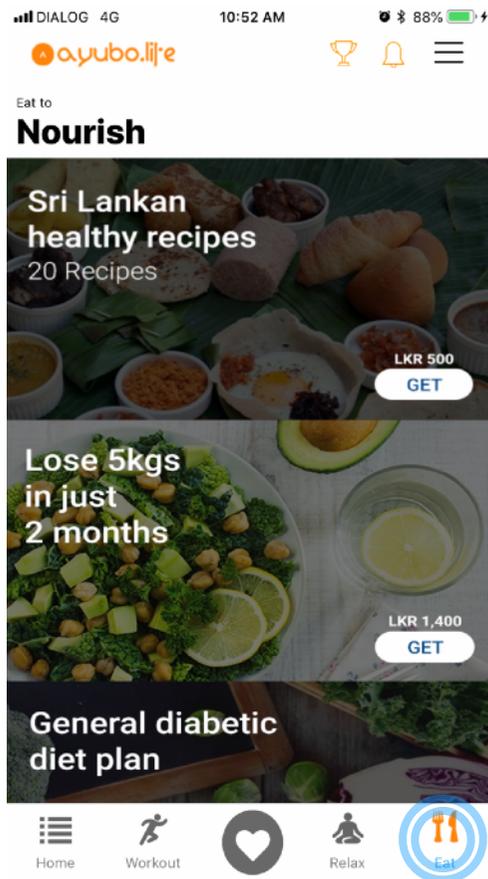
Manage family members & map reports to each member

Ordering medication for delivery



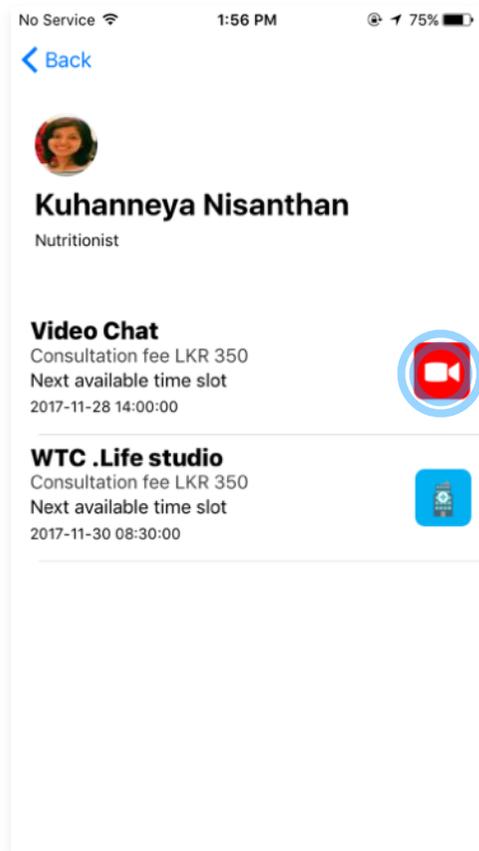
Have medication delivered directly to your residence or workplace

Subscribing to programs

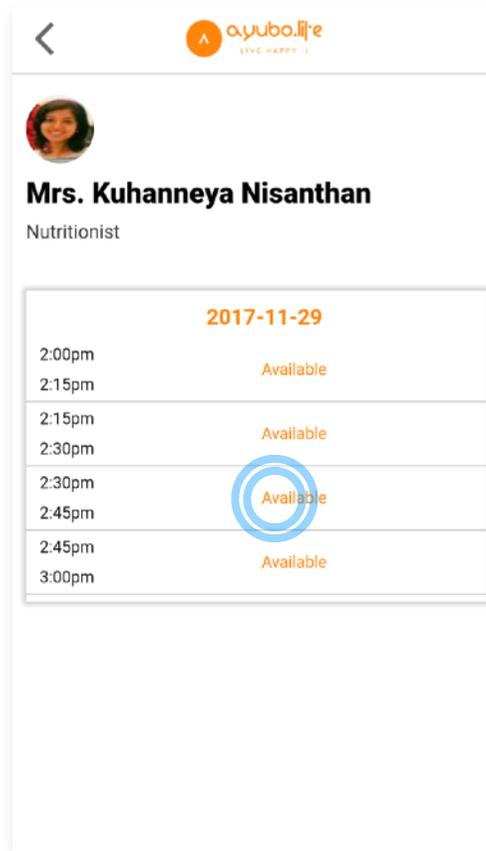


Subscribe to a variety of health and wellness programs

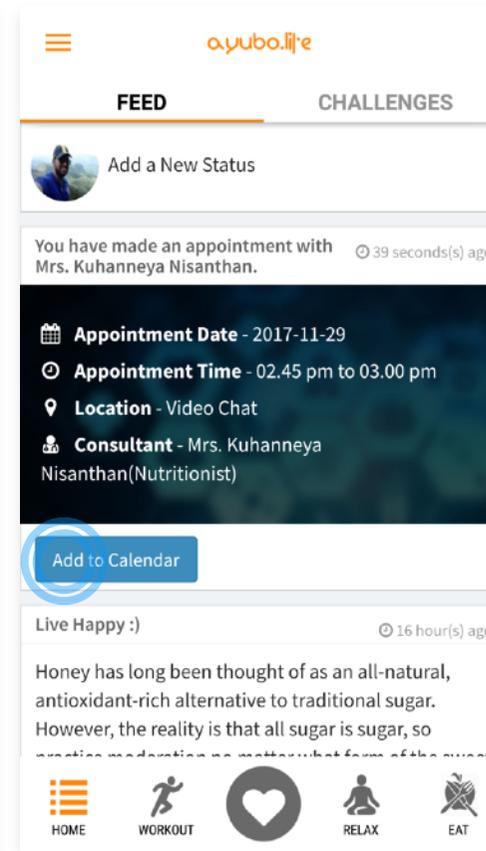
Video consultation



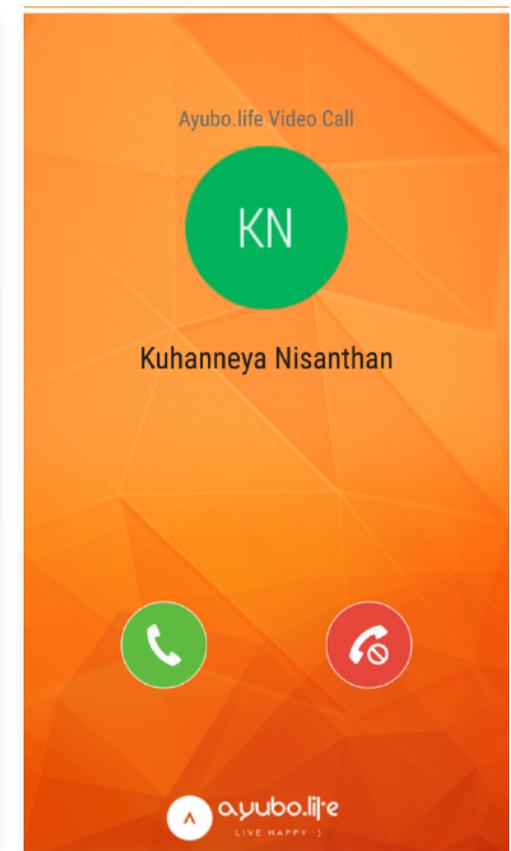
Select the Video Chat option when consulting a Doctor or Expert



Select the desired appointment slot



Add the appointment to your phone's calendar if required



The consultant will video call you as per the scheduled time

Support

Call **720 111 222** or

Email **live.happy@ayubo.life**



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